

Shasta County Senior Meals

The following locations offer prepared meals for older adults. Meals provided may include dine-in, take-out, drive-through, or homebound delivery. Please contact the site before attending for more information on guidelines and suggested donations.

Good News Rescue Mission (Chapel Entrance)

Sun: 6:30am, 1pm, 5:15pm
Mon-Sat: 6:30am, 12pm, 5:15pm
3075 Veda St., Redding
(530) 244-6810

Pit River Elder Nutrition Program

Mon-Fri: 11:30am-12:30pm
Wiyachi Village
36968 Park Ave., Burney
*Serving tribal members (55+) and spouses
(530) 335-5301

Dignity Health-Connected Living (DH-CL)

Mon-Fri: Lunch 11:30am
100 Mercy Oaks Dr., Redding
(530) 226-3056

DH-CL Frontier Senior Center

Mon-Fri: Lunch 11:30am
2081 Frontier Trail, Anderson
(530) 365-3254

DH-CL Intermountain Community Center

Mon-Fri: Lunch 11:30am-1pm
37477 Main St., Burney
(530) 335-4979

Redding Rancheria Congregate Meal Program

Tues, Thurs: 10am-12pm
2000 Redding Rancheria Rd.,
Redding
*Serving Native Americans (55+)
and spouses
(530) 242-4594

First Baptist Church Food Pantry Breakfast

Last Fri of the month: 9am
1501 McConnell Ave.,
Shasta Lake City
(530) 275-8052

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Center for
Healthy Communities
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