

Shasta County Senior Meals

The following locations offer prepared meals for older adults.

Meals provided may include dine-in, take-out, drive-through, or homebound delivery. Please contact the site before attending for more information on guidelines and suggested donations.

Good News Rescue Mission

(Chapel Entrance)

Sun: 6:30am, 1pm, 5:15pm

Mon-Sat: 6:30am, 12pm, 5:15pm

3075 Veda St., Redding

(530) 244-6810

Pit River Elder Nutrition Program

Mon-Fri: 11:30am-12:30pm

Wiyachi Village

36968 Park Ave., Burney

*Serving tribal members (55+) and spouses

(530) 335-5301

Dignity Health-Connected Living (DH-CL)

Mon-Fri: Lunch 11:30am

100 Mercy Oaks Dr., Redding

(530) 226-3056

DH-CL Frontier Senior Center

Mon-Fri: Lunch 11:30am

2081 Frontier Trail, Anderson

(530) 365-3254

DH-CL Intermountain Community Center

Mon-Fri: Lunch 11:30am-1pm

37477 Main St., Burney

(530) 335-4979

Redding Rancheria Congregate Meal Program

Tues & Thurs: 10am-12pm

2000 Redding Rancheria Rd., Redding

*Serving Native Americans (55+)

and spouses

(530) 242-4594

First Baptist Church Food Pantry Breakfast

Last Fri of the month: 9am

1501 McConnell Ave.,

Shasta Lake City

(530) 275-8052

Updated 10/13/22

