



# Circle of Friends Wellness and Recovery Center

36987 Hwy 299 E, Burney

530 335-4222

Transportation for groups available Monday, Wednesday and Friday



## June 2023

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
28	29  <b><u>Closed</u></b>  <b><u>in Honor of Memorial Day</u></b>	30	31  12:30-1:00 <b><u>Check-In</u></b>  1:00 – 2:00 <b><u>Our Planet Otters</u></b> 1:00-2:00 <b><u>Recovery Group</u></b> 2:30-3:30 <b><u>Clay Otter Craft</u></b>	June 1	2  12:30-1:00 <b><u>Check-In</u></b>  1:00 – 2:00 <b><u>Bingo</u></b> 2:00-2:30 <b><u>Gentle Chair Stretching</u></b>  2:30-3:30 <b><u>Floral Arrangements W/Alissa</u></b>	3
4	5  12:30-1:00 <b><u>Check-In</u></b>  1:00 – 2:00 <b><u>Summer Safety Group</u></b>  2:30-3:30 <b><u>Tie Dye</u></b>	6	7  12:30-1:00 <b><u>Check-In</u></b>  1:00 – 2:00 <b><u>Calendar and Newsletter Planning</u></b> 1:00-2:00 <b><u>Recovery Group</u></b> 2:30-3:30 <b><u>Pick Your Craft</u></b>  <b><u>Farmers Market 3:00</u></b>	8  <b>Steering Committee Meeting 12:30-2:30</b>	9  <b><u>Fort Crook Museum and Picnic</u></b>  10:00am	10
11	12  <b><u>CLOSED FOR TRAINING</u></b>	13	14  12:30-1:00 <b><u>Check-In</u></b>  1:00 – 2:00 <b><u>Anxiety Support Group</u></b> 1:00-2:00 <b><u>Recovery Group</u></b> 2:30-3:30 <b><u>Pick Your Craft</u></b> <b><u>Farmers Market 3:00</u></b>	15	16  10:00 <b><u>Commodities</u></b>  12:30-1:00 <b><u>Check-In</u></b> 1:00 – 2:00 <b><u>Intro to WRAP</u></b> 2:00-2:30 <b><u>Gentle Chair Stretching</u></b>  2:30-3:30 <b><u>Patriotic Gnome Craft</u></b>	17
18	19  <b>Juneteenth</b> 12:30-1:00 <b><u>Check-In</u></b>  1:00-2:00 <b><u>Juneteenth Trivia</u></b> 1:30-2:30 <b><u>Swimming at Pool</u></b> 2:30-3:30 <b><u>Window Prep</u></b>	20  <b>WRAP I Seminar 2-4</b>	21  <b>First Day of Summer</b> 12:30-1:00 <b><u>Check-In</u></b>  1:00 – 2:00 <b><u>Circle of Friends Timeline</u></b> 1:00-2:00 <b><u>Recovery Group</u></b> 2:30-3:30 <b><u>Pick Your Craft</u></b> <b><u>Farmers Market 3:00</u></b>	22  <b>WRAP I Seminar 2-4</b>	23  12:30-1:00 <b><u>Check-In</u></b>  1:00 – 2:00 <b><u>Blossom Group</u></b> 2:00-2:30 <b><u>Gentle Chair Stretching</u></b> 2:30 – 3:30 <b><u>Paint Our Windows</u></b>	24
25	26  12:30-1:00 <b><u>Check-In</u></b> 1:00-2:00 <b><u>Cravings and Coping Strategies</u></b> 1:30-2:30 <b><u>Swimming at Pool</u></b> 2:30-3:30 <b><u>4<sup>th</sup> of July Decorating</u></b>	27  <b>WRAP I Seminar 2-4</b>	28  1:00-2:00 <b><u>Recovery Group</u></b>  <b><u>Mosquito Serenade</u></b> <b><u>Journey's Edge</u></b>  5:00pm	29  <b>WRAP I Seminar 2-4</b>	30  <b>4<sup>th</sup> of July Potluck</b> 12:00 – 2:00	